

**GREENLEAF COUNSELING SERVICES
CLIENT INFORMATION FORM**

[READ THIS]: All information is kept confidential except for situations of suicide, threat to others or abuse. The initial intake forms are somewhat lengthy but will help to shorten our assessment time. Pay attention to all of the headings and instructions especially if the person to be treated is a child/adolescent].

Today's date: _____

A. Identification

Client's name (person entering therapy): _____

Date of birth: _____ Age: _____ Sex: M__ F__

Street address: _____ Apt: _____

City: _____ State: _____ Zip: _____

Home phone: _____ Cell Phone: _____ Work Phone: _____
[Calls will be discreet, but please indicate any restrictions] _____

If applicable - Spouse's name: _____ Date of birth: _____ Age: _____

His/her cell & work phone: _____

Note: If the above listed client is a child or adolescent, the parents should fill out the following section with the parents' personal information.

Both parent's names (if above listed client is a child):

(Mother) _____ Mother's Age: _____

(Father) _____ Father's Age: _____

Street address: _____ Apt: _____

City: _____ State: _____ Zip: _____

Home phone: _____ Her Cell Phone: _____ His Cell Phone: _____
[Calls will be discreet, but please indicate any restrictions] _____

B. Your medical care: From whom & where does the client get basic medical care?

Clinic/doctor's name: _____ Phone: _____

Address: _____

If under a psychiatrist's care please give the psychiatrist's name:

Name: _____ Phone: _____

If you enter therapy with me, may I contact your medical doctor and/or psychiatrist so that he/she can be fully informed and we can coordinate your treatment? _____ Yes _____ No

List all medications you are currently taking:	Medication:	Reason:
	_____	_____
	_____	_____
	_____	_____
	_____	_____

C. Client's current employer information. [If client is a child parents are to complete this section about themselves].

Employer: _____ Address: _____

_____ Phone #: _____

D. Client's education and training (high school and beyond)

Dates		School	Major	Did you graduate?	Degree
From	To				
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

E. Present & Last (3) Previous Employment (include any military experiences)

Dates		Employer	Title	Reason for leaving
From	To			
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

F. Brief Family - of- origin history

	Relative's	Age	Illness (or cause of death, if deceased)	Education level	Occupation
Father	_____	_____	_____	_____	_____
Mother	_____	_____	_____	_____	_____
Stepparents	_____	_____	_____	_____	_____
Brothers	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____
Sisters	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____
Maternal Granddad	_____	_____	_____	_____	_____
Maternal Grandmom	_____	_____	_____	_____	_____
Paternal Granddad	_____	_____	_____	_____	_____
Paternal Grandmom	_____	_____	_____	_____	_____
Uncles/Aunts	_____	_____	_____	_____	_____

G. This section is to be filled out by the client or if the client is a child the parents are to complete this section. Previous marital/relationship history (if more than 3 marriages give info using back of page or blank paper).

Spouses' name	Spouse's age at marriage	Your age at marriage end	Your age	Reason for ending
First_____	_____	_____	_____	_____
Second_____	_____	_____	_____	_____
Third_____	_____	_____	_____	_____

H. Significant non-marital relationship

Name of person	Person's age when started	Your age when started	Your age when ended	Reasons for ending
First _____	_____	_____	_____	_____
Second _____	_____	_____	_____	_____
Third _____	_____	_____	_____	_____

I. Children (If the client is a child or adolescent then parents should complete this list about themselves. List all but indicate which are from a previous marriage or relationship with the letter P in the last column).

Name	Current age	Sex	School Grade	Adjustment or other problems?	P?
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

J. Religion/ Faith

Current Religious Affiliation (Protestant, Catholic, Jewish, etc.): _____
 Church/synagogue you currently attend: _____ Do you
 consider your faith/religion meaningful in your life currently? Y N

K. Please describe the reasons for seeking counseling? Also (briefly) what would be some of your initial goals in counseling:

L. Please state what you have done to solve the problems/issues you mentioned in K:

If you, the client, are an adult please complete the following "Checklists of Concerns." If the "client" is a child or adolescent, then go to the Child Checklist of Concerns and complete that section only.

Adult Checklist of Concerns

Name of person completing checklist: _____

Name of person to whom this checklist applies (if different than person completing checklist):

Date: _____

Please mark all of the items below that are of concern for you. Feel free to add any others at the bottom under "Any other concerns or issues." You may add a note or details in the space next to the concerns checked. (For a child/adolescent complete the "Child Checklist of Characteristics.")

- I have no problem or concern that brings me here
- Abuse - *victim* of physical, sexual, and/or emotional abuse or neglect
- Aggression, violence
- Alcohol, violence
- Anger, hostility, arguing, irritability
- Anxiety, nervousness
- Attention, concentration, distractibility
- Career concerns, goals, and choices
- Childhood issues (your own childhood)
- Children, child management, child care, parenting
- Codependence
- Confusion
- Compulsions
- Custody of children
- Decision making, indecision, mixed feelings, putting off decisions
- Delusions (false ideas)
- Dependence
- Depression, low mood, sadness, crying
- Divorce, separation
- Drug use - prescription medications, over-the-counter medications, street drugs
- Eating problems - overeating, undereating, appetite, vomiting
- Emptiness
- Failure
- Fatigue, tiredness, low energy
- Fears, phobias
- Financial or money troubles, debt, impulsive spending, low income
- Friendships
- Gambling
- Grieving, mourning, deaths, losses, divorce
- Guilt
- Headaches, other kinds of pains
- Health, illness, medical concerns, physical problems
- Inferiority feelings
- Interpersonal conflicts

- ___Irresponsibility
- ___Impulsiveness, loss of control, outbursts
- ___Judgment problems, risk taking
- ___Legal matters, charges, suits
- ___Loneliness
- ___Marital conflict, distance/coldness, infidelity/affairs, remarriage
- ___Memory problems
- ___Menstrual problems, PMS, menopause
- ___Mood swings
- ___Motivation, laziness
- ___Nervousness, tension
- ___Obsessions, compulsions (thoughts or actions that repeat themselves)
- ___Over sensitivity to rejection
- ___Panic or anxiety attacks
- ___Perfectionism
- ___Cruelty to animals
- ___Procrastination, work inhibitions, laziness
- ___Relationship problems
- ___School problems (see also "Career concerns")
- ___Self-centeredness
- ___Self-esteem
- ___Self-neglect, poor self-care
- ___Sexual issues, dysfunctions, conflicts, desire differences, other (see also "Abuse")
- ___Shyness, over sensitivity to criticism
- ___Sleep problems - too little, insomnia, nightmares
- ___Smoking and tobacco use
- ___Stress, relaxation, stress management, stress disorders, tension
- ___Suspiciousness
- ___Suicidal thoughts
- ___Temper problems, self-control, low frustration tolerance
- ___Thought disorganization and confusion
- ___Threats, violence
- ___Weight and diet issues
- ___Withdrawal, isolating
- ___Work problems, employment, workaholism/overworking, can't keep a job

***Please disclose the next item only under the knowledge of my duty as a therapist to report such abuse:**

___ *Perpetrator* of physical, sexual, or emotional abuse or neglect (of children or elderly)

Any other concerns or issues:

Please look back over the concerns you have checked off and choose the top three that you most want help with and why (briefly). They are:

1. _____
2. _____
3. _____

Child/Adolescent Checklist of Concerns

Name of child/adolescent: _____ Date: _____

Age: _____ Name of person completing this form: _____

Many concerns can apply to both children and adults. If you have brought a child or adolescent for evaluation or treatment, please mark all of the items that apply to your child below and if there are any concerns that fit here from the "Adult Checklist of Concerns" please list those at the end under "Any other characteristics."

- Argues, "talks back," smart-alecky, defiant
- Bullies, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Cheats
- Cruel to animals
- Concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/friends.
- Complains
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Difficulties with parent's paramour/new marriage/new family
- Dependent, immature
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules
- Distractible, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school
- Drug or alcohol use
- Eating - poor manners, refuses, appetite increase or decrease, odd combinations, overeats
- Exercise problems
- Extracurricular activities interfere with academics
- Failure in school
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- Fire setting
- Friendly, outgoing, social
- Hypochondriac, always complains of feeling sick
- Immature, "clowns around," has only younger playmates
- Imaginary playmates, fantasy
- Independent
- Interrupts, talks out, yells
- Lacks organization, unprepared
- lacks respect for authority, insults, dares, provokes, manipulates
- Learning disability

- ___ Legal difficulties- truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
- ___ Likes to be alone, withdraws, isolates
- ___ Lying
- ___ Low frustration tolerance, irritability
- ___ Mental retardation
- ___ Moody
- ___ Mute, refuses to speak
- ___ Nail biting
- ___ Nervous
- ___ Nightmares
- ___ Need for high degree of supervision at home over play/chores/schedule
- ___ Obedient
- ___ Obesity
- ___ Overactive, restless, hyperactive, overactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- ___ Oppositional, resists, refuses, does not comply, negativism
- ___ Prejudiced, bigoted, insulting, name calling, intolerant
- ___ Pouts
- ___ Recent move, new school, loss of friends
- ___ Relationships with brothers/sisters of friends/peers are poor - competition, fights, teasing/provoking, assaults
- ___ Responsible
- ___ Rocking or other repetitive movements
- ___ Runs away
- ___ Sad, unhappy
- ___ Self-harming behaviors--biting or hitting self, head banging, scratching self
- ___ Speech difficulties
- ___ Sexual — sexual preoccupation, public masturbation, inappropriate sexual behaviors
- ___ Shy, timid
- ___ Stubborn
- ___ Suicide talk or attempt
- ___ Swearing, blasphemes, bathroom language, foul language
- ___ Temper tantrums, rages
- ___ Thumb sucking, finger sucking, hair chewing
- ___ Tics — involuntary rapid movements, noises, or word productions
- ___ Teased, picked on, victimized, bullied
- ___ Truant, school avoiding
- ___ Underactive, slow-moving or slow responding, lethargic
- ___ Uncoordinated, accident-prone
- ___ Wetting or soiling the bed or clothes
- ___ Work problems, employment, workaholism/overworking, can't keep a job

Any other concerns:

Please look back over the concerns you have checked off and choose the top 3 that you most want to be helped with. Which are they in order of priority and why (briefly)?
